

# Male involvement: Which way forward for integration of Family Planning and HIV services in Kenya's Coast Province?

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# Methods

- A community based descriptive, cross-sectional study.
- Analysis aimed at assessing the contribution of men on contraceptive uptake as an opportunity for integration of family planning and HIV services in Mombasa County.
- Conducted in Likoni District, Coast Province of Kenya.
- Households selected randomly using stratified sampling.
- Semi-structured questionnaires administered to 150 couples.
- Data analyzed with STATA version 11.



# Key findings

- Men approving contraceptive use; 108 (72%) and 94 (62.7%) would allow their spouses to use contraceptives.
- Low contraceptive uptake in the study area; 53.3% ever use and 31.3% current use.
  - Of these couples 72% made joint decisions on contraceptive choice.
  - Low use of condoms; 9 couples (19.2%).
  - Fertility awareness based methods; 2 (4.3%).
  - None used female barrier methods.
- **Family planning and HIV integration programmes need to take advantage of the positive male attitude.**
- **Male involvement and use of barrier methods for dual protection need to be promoted even as other efforts are made to increase contraceptive uptake in general.**

