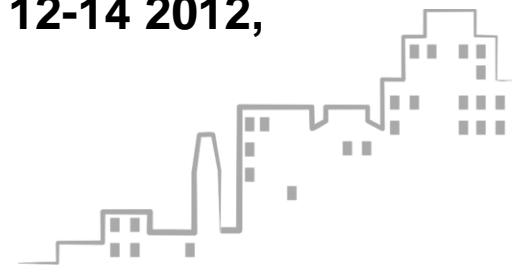


Integrating Family Planning and HIV/STI Services: Opportunities in Urban Kenya

Kuria P., Fotso J.C., Mutua M., & Omyonga J.

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Nairobi, Kenya



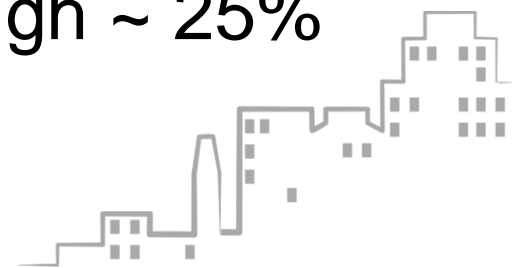
Outline

- ❖ Background
- ❖ Objectives of the Presentation
- ❖ Data Sources
- ❖ Results
- ❖ Programmatic Implications



Background-1

- ❖ Since 1990, the number of women of reproductive age in developing regions is increasing, by nearly 50%
- ❖ Global consensus that all people have the right to determine the number and spacing of their children, and that the halt and reversal of spread of HIV/AIDS is possible
- ❖ In Sub-Saharan Africa, the unmet need for family planning among women in union is high ~ 25%
 - ❖ 44% of births in Kenya are unplanned



Background-2

- ❖ Even though the # of new HIV infections in Sub-Saharan Africa has reduced (by 26% since 1997), the # of people living with HIV/AIDS is increasing due to life prolonging treatment
- ❖ With rapid urbanization and a youthful population in Kenya, the demand for varied, high quality, and integrated RH/HIV services in urban areas is apparent



Background-3

- ❖ Kenya with funding from BMGF and through Jhpiego, is implementing a state-of-art five-year Urban Reproductive Health Initiative; '*Tupange*'
- ❖ **Goal:** Significant increase in CPR
 - ❖ **Integration** of FP services with maternal and newborn health and HIV/AIDS services
- ❖ Measurement, Learning and Evaluation Project, (consisting of UNC and APHRC) is undertaking the impact evaluation



Presentation Objectives

- ❖ Examine levels of delivery of an integrated package of FP and HIV/STI services in urban facilities of Kenya
- ❖ Describe ways HIV/STI clients receive FP services



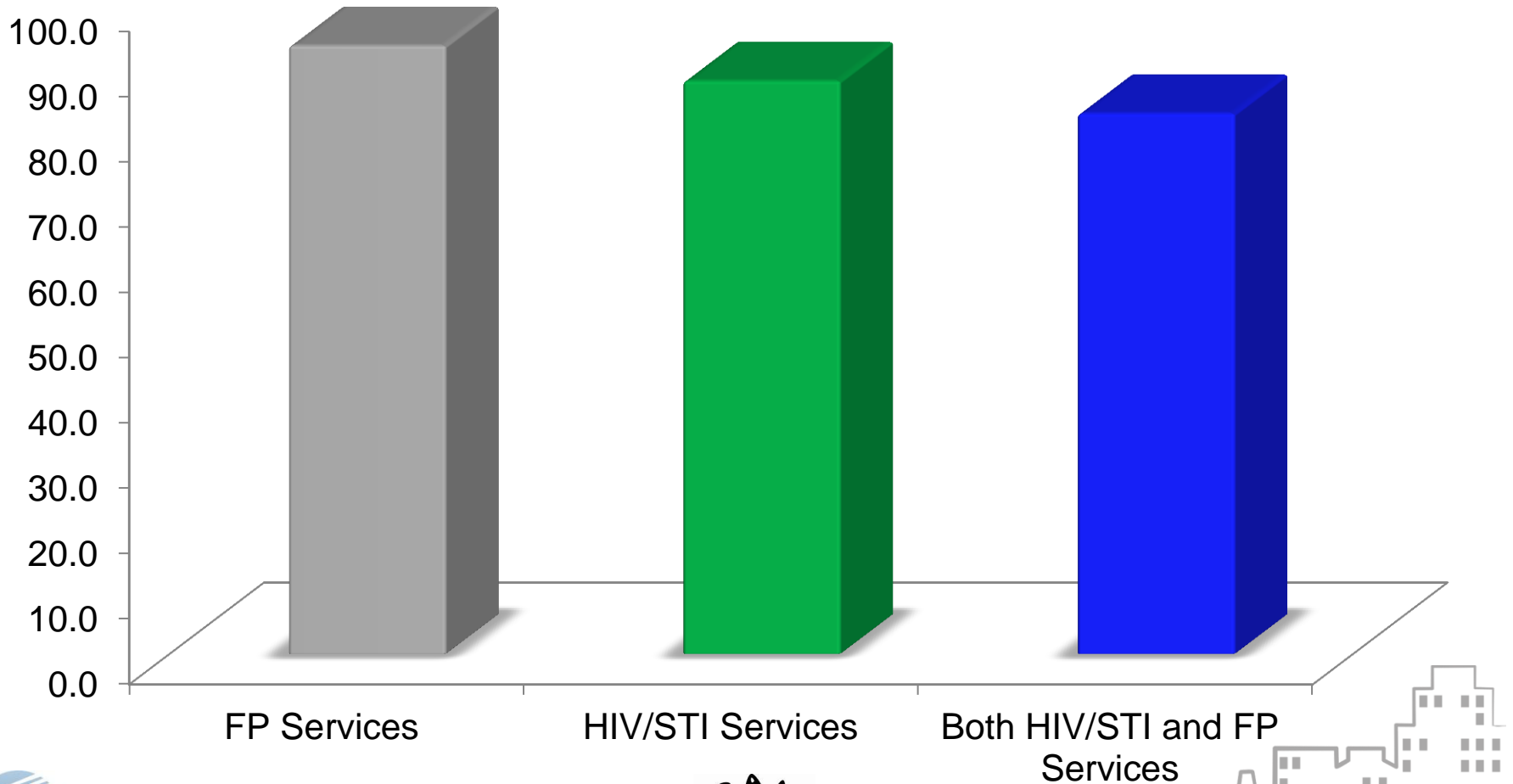
Data Sources

- ❖ Facility survey data gathered in 2011 from the five urban project areas: Nairobi, Mombasa, Kisumu, Kakamega, and Machakos
 - ❖ KEMRI implemented the survey
 - ❖ 279 facilities (Private and Public)
 - ❖ 684 RH service providers
 - ❖ 4222 female client exit interviews, 15-49yrs



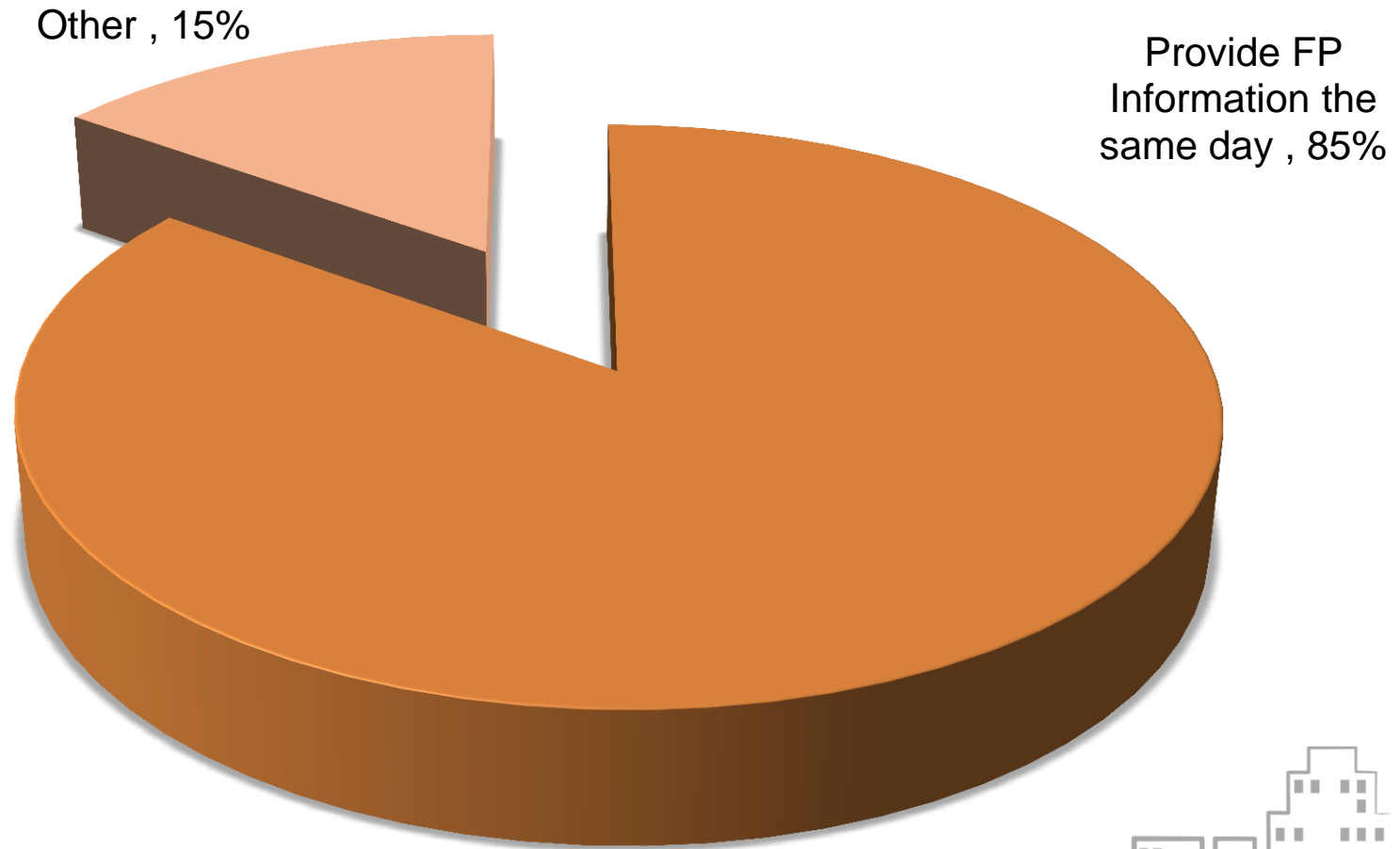
Result-1

Distribution of Facilities by Type of Service (N=279)



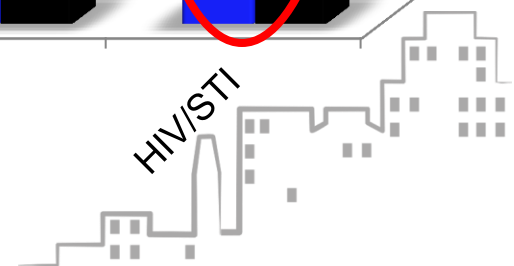
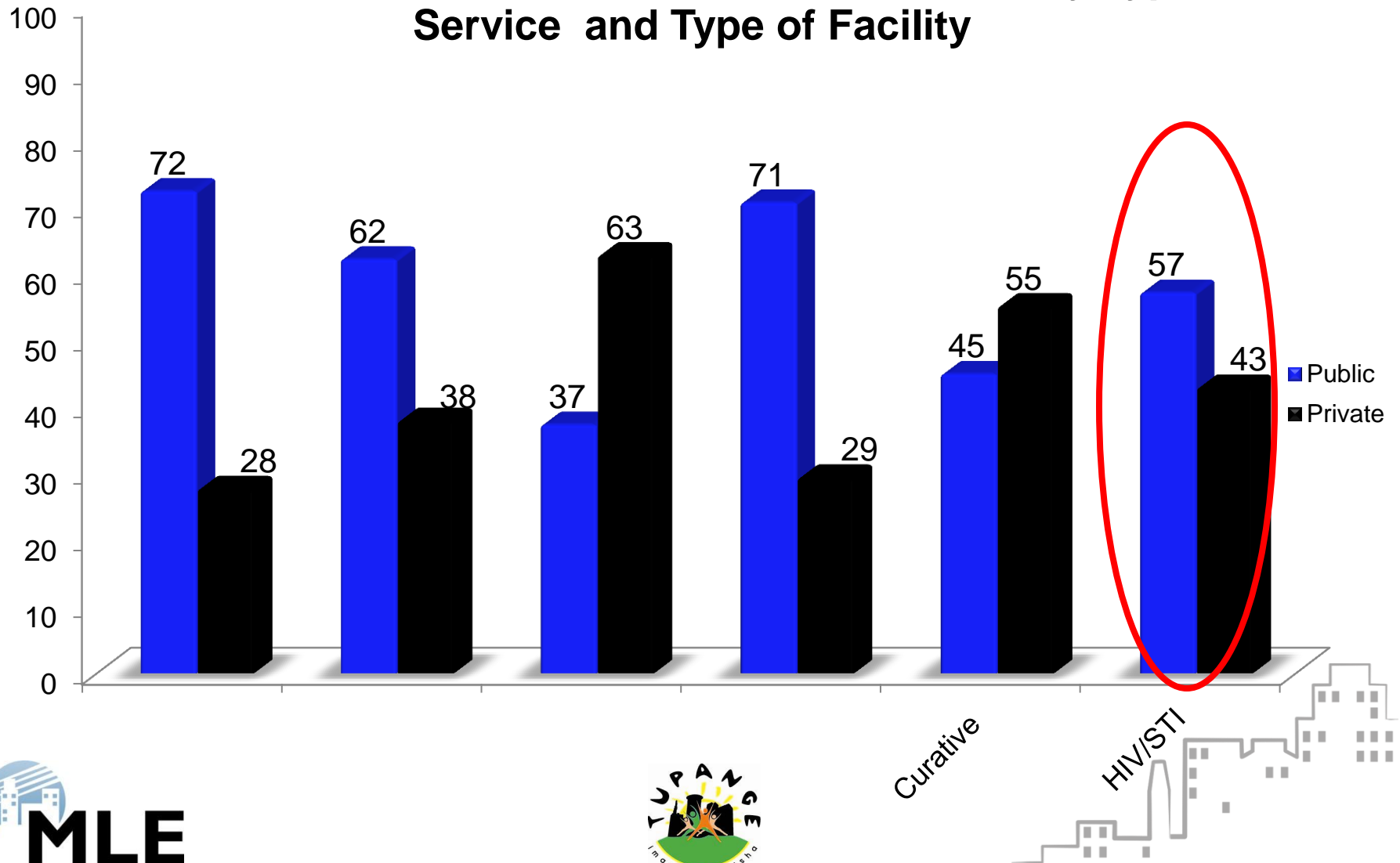
Result-2

Of the Facilities Offering HIV/STI Services, the Percentage of Facilities Providing Clients with FP Information on the Same Day of Visit



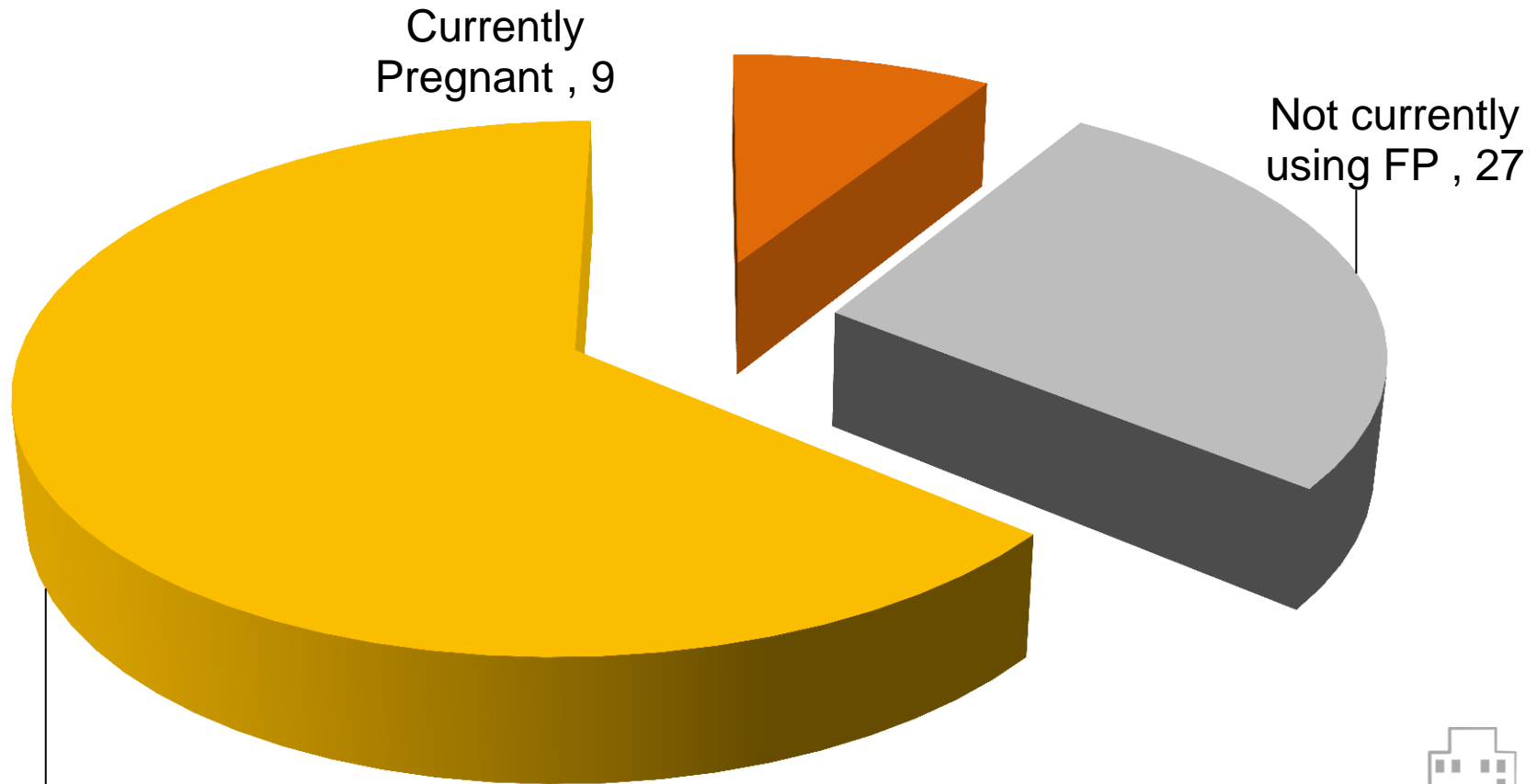
Result-3

Distribution of Female Clients Exit Interviews by Type of Service and Type of Facility



Result-4

Contraceptive Use among HIV/STI Clients



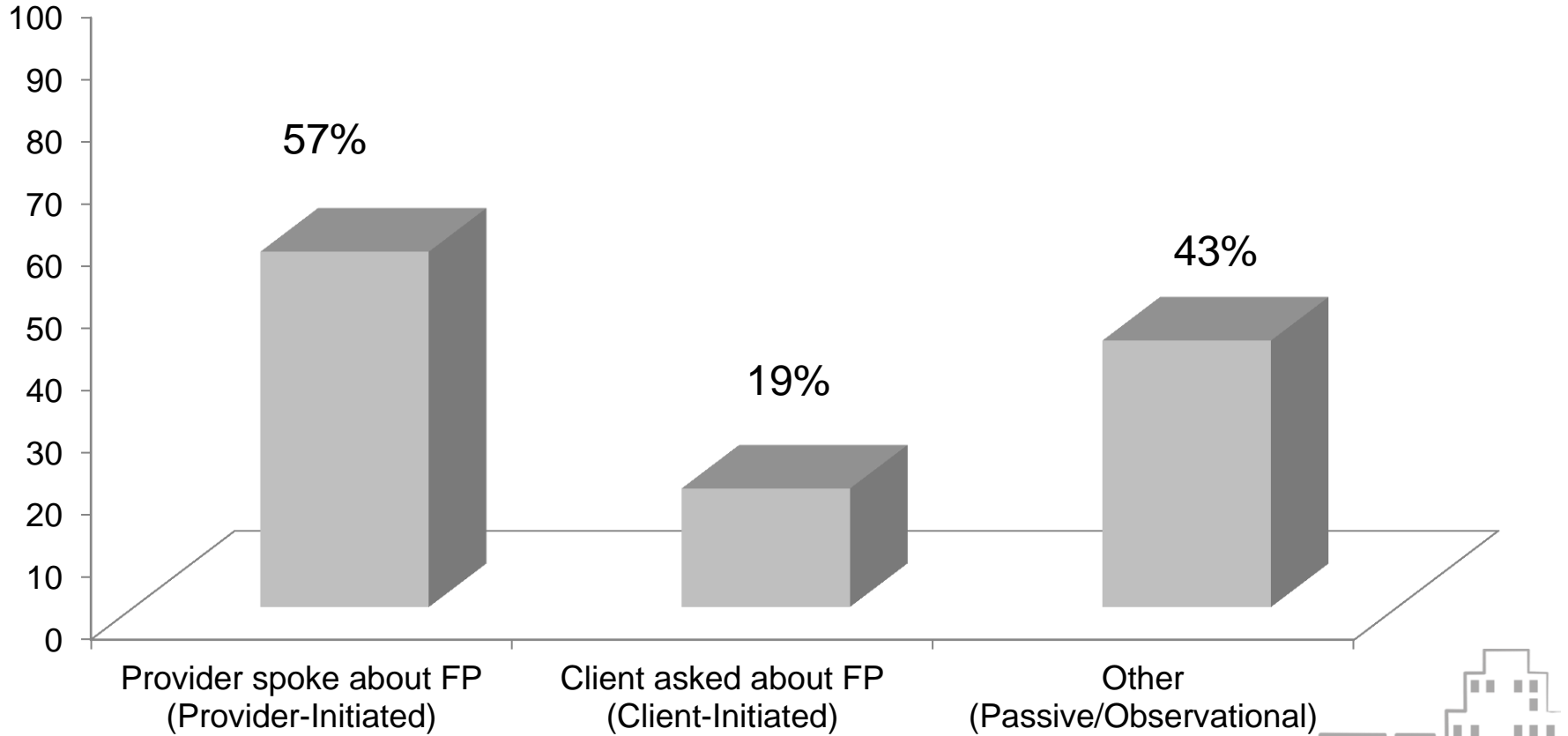
Result-5

- ❖ Among female clients who sought for HIV/STI services, 18% received FP information at the time of visit
- ❖ And of the 82% who did not receive FP information at the time of visit, 35% would have accepted an FP method if it was offered

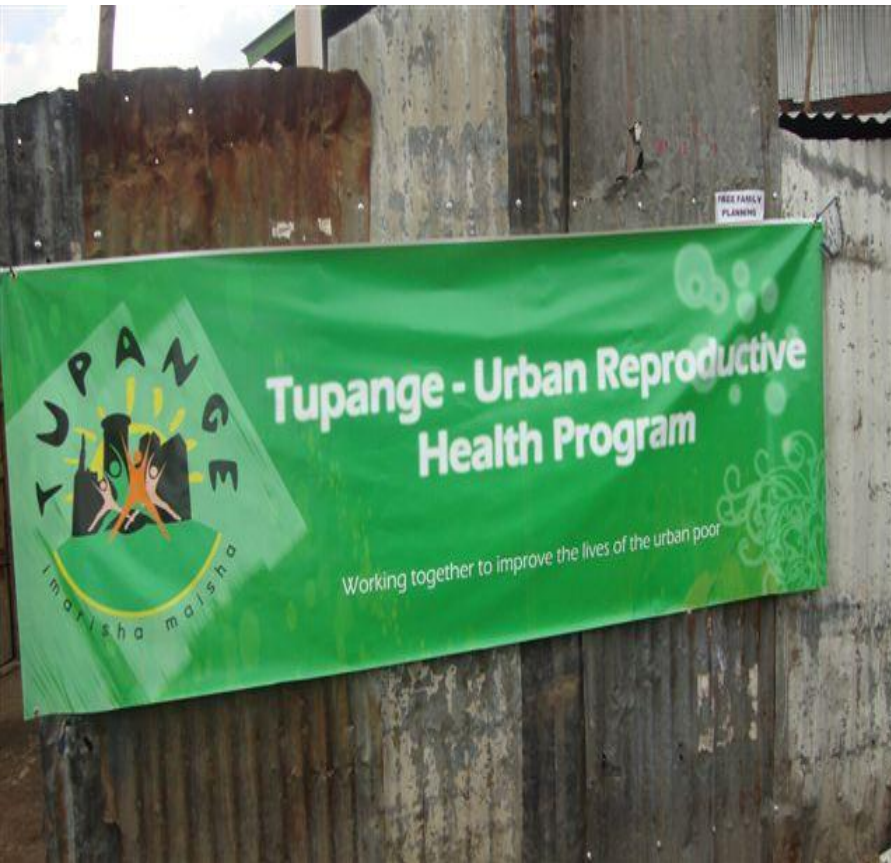


Result-6

Receipt of FP Information among HIV/STI Clients



Programmatic Implications



Future urban FP/HIV programs can reduce missed opportunities in uptake of HIV and FP services through;

- Training providers to initiate FP & HIV discussions and offer these services
- Demand creation activities to persuade clients to actively ask for services

Photo courtesy of *Tupange*



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