

Testing an Intervention to Expand Contraceptive Choice for PMTCT Clients in Cape Town, South Africa

FHI 360

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Study Design

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Pre-intervention
interviews
265 PMTCT clients

INTERVENTION

- Training: PMTCT-FP integration
- Training: IUD insertion
- Supplies & equipment
- IEC materials
- Coaching
- Referral reinforcement

Post-intervention
interviews
266 PMTCT clients

In-depth
Interviews with
16 providers

Intervention Monitoring

Awareness that IUD & sterilization are safe and effective for HIV+ women

SURVEY QUESTION	Correct	Pre-Int PMTCT (n=265)	Post-Int PMTCT (n=266)
IUD			
The IUD is effective in preventing pregnancy for up to 10 years	Agree	40%	30.8%
Changes in bleeding patterns are a possible side effect of IUD	Agree	26.4%	22.1%
A woman who is breast feeding cannot safely use the IUD	Disagree	29.1%	19.9%
Soon after removal of IUD a woman can become pregnant	Agree	64.2%	42.9%
A woman who is HIV positive can use the IUD	Agree	55.1%	44.7%
The IUD is not recommended for women who are taking drugs for AIDS and are doing well	Disagree	23.4%	23.3%
Female Sterilization			
Sterilization is less effective at preventing pregnancy than the injection	Disagree	49.4%	56.0%
A woman who is HIV positive can undergo sterilization	Agree	75.8%	83.8%
Sterilization does increase the risk of uninfected male partners acquiring HIV	Disagree	40%	36.1%
Women who are doing well on ARVs can safely be sterilized	Agree	57.6%	72.6%
Women should use sterilization only when they do not want any more children	Agree	96.6%	93.6%